

APRIL UNIT

BONUS RESOURCE

PURPLE UP HONORS AWARD

Thank you for supporting our military-connected kids! Children of military families face many obstacles. A large number of them deal with frequent moves, deploying family members and even the loss of a parent. The military family lifestyle can be very challenging. These kids learn some extraordinary experiences and lessons along the way, but they also need the support of their families and communities around them.

Purple Up! April in the month of the military child, with April 15th marking the official Military Kids Day. A time to give special honor and attention to these unique children.

History of Purple Up! For Military Kids Day- Days of The Year.com

"Purple Up" was started in 2011 by the New Hampshire Cooperative Extension Military Youth and Family Program as an education activity for the children of people who serve in the military. Later it was adopted by the entire Department of Defense.

The idea behind the day is for everyone to take part by showing support and appreciation for military kids through wearing purple. The color purple is meant to acknowledge the strength military children have and the sacrifices they make because of the lifestyle of their military parent.

In the military, the color purple can have some different meanings but, in this case, it is likely related to the connection with all branches of military and inclusive of civilians as well. The idea is that all of the service colors are represented, including Army green, Navy blue, Marine red and Coast Guard blue – combined together to make purple.

This day is part of a larger campaign to acknowledge these kids during the month of April, known as the Month of the Military Child. This event was established as a Defense-wide commemoration in 1986 and has grown to include "Purple Up! For Military Kids Day" as well as various other events.

Bonus Points

Print a poster sized award to post in front of you school, classroom or organization as a symbol of support to all military kids. For individual use, print your awards on card stock paper or laminate them for a lasting token of appreciation.

Understanding Resilience

Great Day Academics teaches resiliency tools to all students, parents and teachers, in addition to, those who serve in the military.

Being resilient isn't about being happy 100% of the time.

It's about being able to access a good feeling when you need it. Your ability to bounce back from a challenge is related to the following four areas:



Mental Resilience:

This depends on your ability to be flexible with your thinking and points of view. Think thoughts that are healthy and helpful!

Spiritual Resilience:

Live according to your personal values. Learning from within. Be tolerant of others and their values!

To learn more about building resilience for you and your crew, download the seasonal resources from GreatDayAcademics.org today!

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All the Best,

Adrienne Collins (Educator & Founder)

BURPLE UP THANK YOU!

In recognition of your outstanding service, resilience, patience, support, sacrifice and strength as a military child.

CREAT DAY ACADEMICS

Just like a dandelion, the military child blossoms wherever the wind takes them.



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