## Great Day Academics

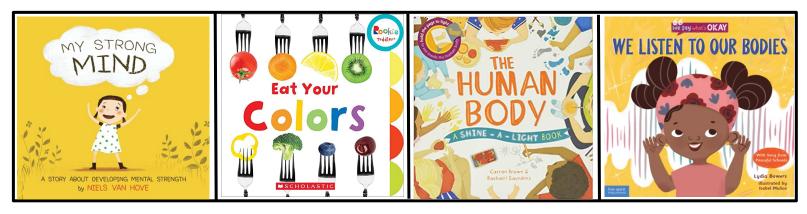
## I LISTEN TO MY BODY

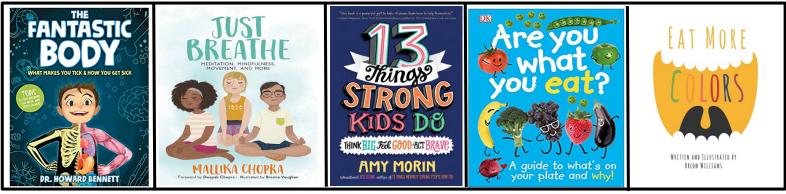
## MONTHLY BOOKLIST FOR KIDS & TEENS

Support the physical and mental resilience of your young learners with healthy things to eat, drink and think. Practice more mind-body awareness and nutritional habits in the "April Monthly Lessons" tab today!

Healthy Mind & Body







www.GreatDayAcademics.org